

EMERGENCY KITS

What Do You Need to be Prepared?



What Kits Do You Need?

- Home Survival Kit
- Grab and Go Bag
- Seniors and Special Needs
- Pet Emergency Kit
- Vehicle Emergency Kit

For More Information:

www.perthcounty.ca/emergency

Contact Us at:

cemc@perthcounty.ca or
call 519-271-0531 ext. 540



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This document available
in alternate formats

Home Emergency Survival Kit

Supplies for Your Family for 72 Hours

- Container (box or plastic tub) for your kit
- Food for 3 days per person and (bottle) water (4 L per person, per day) Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries and phone chargers
- Family first aid kit
- Candles and matches/lighter
- Extra car keys and cash
- Important papers (identification)
- Clothing and footwear
- Blankets or sleeping bags
- Toilet paper and other personal items
- Medication, spare glasses, mobility and hearing aids
- Whistle (if needed to attract attention)
- Playing cards, games, toys
- Manual can opener, bottle opener
- Map of the County/Province
- Duct tape and plastic sheeting
- Water purification tablets
- Corded telephone (non-electricity dependent)
- Baby supplies/diapers
- Pet food and supplies
- Pocket knife or multi-tool
- Cook stove, lantern and fuel (follow manufacturers instructions; never use barbecues indoors)
- Disposable cups and plates, knives, forks and spoons
- At least four litres per person per day should be allocated – two for drinking and two for food preparation, hygiene and dishwashing. Keep a supply of water purification tablets on hand as well.
- Non-perishable healthy food
- Choose ready-to-eat foods that your family likes and that don't need refrigeration:
 - Canned food, such as soups, stews, baked beans, pasta, meat, poultry, fish, vegetables, fruits.
 - Crackers and biscuits, honey, peanut butter, syrup, jam,
 - Salt and pepper, sugar, instant coffee, tea.

Note:

Consume and replace water and canned food and dry goods once a year.



IS YOUR FAMILY PREPARED?

Grab and Go Bag

If you are asked to evacuate to a reception centre, or family/friend's residence, here's what you should bring with you:

- Duffle bag or back pack for kit
- Clothing and footwear
- Phone charger
- Prescription drugs (check dates/rotate supply), spare glasses
- ID/photos of family
- Personal care items
- Hand sanitizer
- Non-perishable healthy snacks
- Playing cards, Games, iPod, etc
- Pet bowl, leash and supplies
- Baby supplies and diapers
- Important papers, insurance, contact phone numbers, certificates, health cards, etc.

Seniors and Special Needs

- Identification
- Medic alert bracelet
- List of medication, prescriptions, allergies and special food needs
- Service animal emergency kit
- Mobility support requirements
- Set up a support network with family, friends and an out of town contact
- Extra, spare assistive devices, hearing aids, glasses, personal amplifier
- Alternate/back up plan for any life sustaining equipment or apparatus
- Medical testing equipment (kits) supply of testing strips, record book, alarms

Pet Emergency Kit

- Three-day supply of pet food, water and medications
- Paper towel, can opener
- Blanket, small toy, bowls
- Sturdy leash, harness, collar
- Muzzle if required
- Cat litter pan, plastic bags
- Carrier for transportation, crate
- Medical-vaccination records
- Up-to-date ID tag, licence, photo

Vehicle Emergency

- Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries and phone charger
- Vehicle first aid kit, seatbelt cutter
- Candles and matches/lighter
- Booster cables, tow chain/rope
- Fire extinguisher (ABC type)
- Tire pump/inflator and tire gauge
- Gas container, vehicle fluids
- Survival blankets, hot packs
- Loud whistle
- Emergency/help sign
- Emergency food/water
- Emergency flares and safety triangle
- Shovel, multi tool, snow brush/scraper
- Sand, salt or kitty litter, traction mats
- Compass, road maps, GPS



Don't Forget — Babies and Toddlers

Diapers, bottled milk, food, extra clothes, formula and food, toys, games, crayons and paper

HAVE 3 DAYS OF SUPPLIES

Keep at least one week's supply of medication in your emergency kit and include extra eyeglasses, spare batteries for medical appliances and an extra oxygen cylinder if needed. Include copies of



Together We're Ready
Know • Plan • Prepare

